

Toward Maximum Independence

A non-profit agency assisting people with disabilities
to live, work and participate in their communities.

ISSUE 19

NEWSLETTER

JANUARY 1995

TMI's New Venture

"Unforgettables," TMI's latest venture, celebrated its grand opening on November 1, 1994. Unforgettables is a gift and consignment shop located in Hillcrest. Start-up funding for the store was obtained through a statewide targeted Program Development Fund grant. This gift shop not only offers employment opportunities to persons who have been traditionally excluded from real work, but it will eventually be owned by one or more persons with disabilities. An important thing to remember about "Unforgettables" is that it is not a sheltered workshop and that no more than two people with disabilities will be working in the store at the same time. The gift shop's goal is to become a credible member of the Hillcrest merchant community and to provide that all important on the job training and experience to people with disabilities.

TMI would like to recognize staff who contributed

LEGISLATIVE UPDATE

The 104th Congress may be taking actions in its first 100 days which are not in the best interests of people with disabilities. UCP, Washington, D.C. reports concerns regarding elimination or weakening of ADA, caps on entitlements such as SSI and Medicaid, as well as and deregulation of federal agencies resulting in weakening provisions of Acts such as Fair Housing, IDEA and Part H. Your help is needed. Contact your local Senator and member of Congress early in January and let them know that priorities of the congress such as middle class tax relief and reductions in federal budget can and should be accomplished without elimination of basic supports for individuals with disabilities and their families who need access to income support, health care, civil rights protections, educational, employment, and community supports.

Senator Dianne Feinstein: 231-9712 - 750 B St., Ste. 1030, San Diego, CA 92101

Senator Barbara Boxer: 239-3884 - 525 B St., Ste. 990, San Diego, CA 92101

Congressman Ron Packard: 631-1364 - 221 E. Vista Way, Ste. 205, Vista, CA 92084

Congressman Bob Filner: 422-5963 - 333 F St., Ste A, Chula Vista, CA 91910

Congressman Randy Cunningham: 737-9132 - 613 W. Valley Pkwy, Ste. 320, Escondido, CA 92025

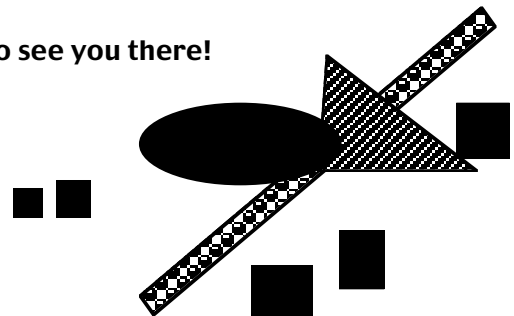
Congressman Duncan Hunter: 579-3001 - 366 S. Pierce St., El Cajon, CA 92020

Congressman Brian Bilbray: 531-5511 - (Temp Office) 1600 Pacific Hwy, Ste. 335, San Diego, CA 92101

Annual TMI Auction Set For Spring

TMI will be holding its second Auction/ Dinner fundraiser on Friday, March 10, 1995. This year's event will be held at the Admiral Kidd Club overlooking the San Diego Bay. Tickets for the event will go on sale after the first of the year. We are still looking for volunteers to help with securing donations. If you would like to help please call Mark Saverino at TMI, 467-0600, Ext. 325 for more information. If you would like to donate something to the auction, please contact Rhonda Birich at TMI, Ext. 591.

Hope to see you there!



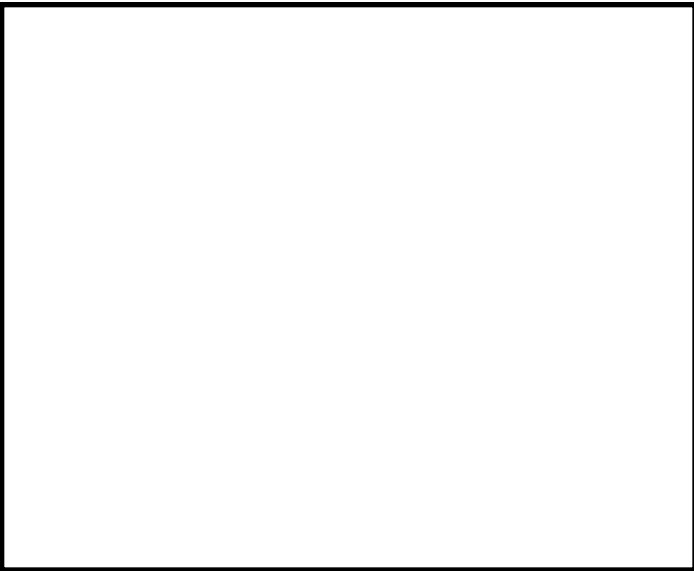
8th Annual Picnic

By Darin Trammell

Oh, the time of year when kids go back to school, the racing season has ended and the sun is setting a little earlier – these are the indicators that summer is winding down. However, in our little non-profit universe there is another annual occurrence that marks the twilight of summer – TMI's Annual Picnic at the Bay! This year's picnic (#8) was held again at Bonita Cove's East side. Attendance surpassed last year's by a small margin – and a great time was had by all. On a deeper level, these picnics and other special events celebrated at TMI reaffirm a sense of community and connectedness to the agency and the people we support. As one of the special events coordinators, I am always pleasantly surprised at the willingness of our staff and the people we support to offer their assistance. A BIG THANKS to Mark "Sizzling" Saverino and his crew, Brent Ramsey and Eric Lamarre who barbecued bunches of burgers and hundreds of hot dogs! Set-up and clean up are always essential tasks and a lot of people made those tasks easier. Thanks again to Tom Daniels, Connie Saverino, D.J. Jensen, Andrew L., Simone Ferber, Cathy Cosner, Georgia McWhorter, Debbie Johnson, Colleen Thornton, Rhonda Birich, Mikko A., Sandra Wyspianski. Special thanks to Kathy Burrington for assisting me with raffle ticket sales. Consequently, the 50/50 raffle was a smashing success – we raised \$91.00 for the TMI council Holiday Party. Congratulations to Pam Rothberg-Uzan who won the other half of the cash jackpot!! Thanks again to all of you who assisted people with rides and participated in our celebration of the passing of summer.

Continued from pg. 1

their endless time and energy to "Unforgettables" during the past several months. Nancy Clark, Store Manager, and Pam Tamkin, Assistant Manager, worked many long days to prepare the store for opening day and should be commended for their outstanding efforts. Special thanks to Monica Johnson, Lori Bellante and Georgia McWhorter who assisted with several sewing projects and to Roger Orstad and Brent Ramsey for assisting with construction needs in the store. We would also like to thank staff who contributed items to be sold on consignment. Last, but not least, we would like to thank staff who donated the delicious baked goods which were served during the grand opening.



Daniel Warshaver - Peck Jeep/Eagle

Employee Interview

By Brent Ramsey

This issue's employee interview salutes Daniel Warshaver, General Manager of Peck Jeep/Eagle located at 3005 Midway Drive. Peck Jeep/Eagle has been a part of CES's work program for about 2 years. Harry G. and Eric S. are the two individuals who work at Peck along with their CEF, Tom Daniels, from CES's Supported Employment program. I had the pleasure of talking with Dan about how Harry and Eric play an integral part in Peck's success. Dan attributes their success to knowing exactly what to do at work. They know their jobs, and they experience satisfaction in knowing they have contributed to the business. There is one thing I forgot – they enjoy the paychecks they earn!! Dan also mentioned how well the guys get along with the other employees. Harry G. can carry a pretty good tune or two. You see, Harry sings to the staff while he is working – move over Michael Bolton! Dan went on to say how much he appreciates the support that Tom gives to the guys. Good job Tom!

After my interview with Dan, I came away with the feeling that Dan appreciates the hard work that both guys contribute. Once again, CES's work component provides nothing but excellent dedication and performance to Peck Jeep/Eagle. Keep up the good work!

Until next time!



Congratulations Employees of the Quarter – Sept–July 1994

Carl Bickle – CLS, Louanne Davis – Admin
Jerilyn Caswell – CES
Rhonda Birich – 2nd Quarter, CLS

Welcome Aboard New Employees!

CEs: Nancy Clark, Diane Dinaso, Lynne Goode, Marcia Hernandez, Charlotte Kelly, Naomi Klahn, Karna Lau, VanPhi Nguyen, Ben Oude–Kamphius, Doug Sollosy, Sheila Sample, Pam Tamkin, Carolyn Thompson

CLS: Violet Macias will be starting in January, Imelda Esquivel, Josephina Ibarra, Brian Kennedy, Theresa McCauley, Jessica Zendejas

Congratulations StepUp Graduate!

Kim McCurdy

Hard–Working Office Staff

Much thanks to our new office aides, Chris, Nadia, Stephanie, and Sandy – you are invaluable and doing a GREAT JOB!

Anniversary Celebration!

Congratulations to Don and Chris Hopper who celebrated their 25th Wedding Anniversary – TMI threw a small party for the couple with cake and gifts! The couple "blushed" during demanded speeches and thank you's, and a good time was had by all!

Program Update

Community Employment Services is currently providing support for 70 individuals throughout San Diego County. Coordinators in CES (Bonnie, Karen and Marylin) have done an outstanding job in securing paid employment sites for individuals receiving services through TMI's vocational component. Congratulations to Jeri Caswell for being selected as CES's "Employee of the Quarter." Jeri provides "on the job" support to Debra R. and Nora U. at a Red Lobster restaurant in Chula Vista. Due to her strong advocacy skills, Jeri successfully negotiated additional work hours for Debra and Nora. Keep up the good work, Jeri. Individuals who need assistance in securing paid employment in the community can call Louanne Davis–Nutter at TMI to learn more about the services we can provide.

RINGING IN THE NEW YEAR

It's the beginning of a new year – welcome to 1995. Remember every day is Earth Day where gift giving and celebrating can be a daily event! We just completed the holiday season when over–consumption reaches a fevered pitch. We can reuse wrapping paper, packaging materials and donate those gifts that just weren't quite right. The new year is cause for celebrating, but sometimes it can be depressing and anti–climatic so take some deep breaths, give thanks for what you have and bring in the new year a little "greener" and kinder. We need to work together for the future! Here are some "green" resolutions for the new year.

- Make or buy handcrafted goods – support your local craftsmen.
- Give items that discourage a throw–away society – cloth napkins, dishcloths, coffee mugs, cloth shopping bags!
- Give your local thrift shops a chance – someone else's junk is another's treasure.
- Go on a treasure hunt – a garage sale is a terrible thing to waste – "old," "used," or "reused" are not bad words – God created antiques, didn't she?
- Give organic fruits or cotton products, send cards on chlorine–free recycled paper (Hallmark ShoeBox division has a numerous selection). Look for the recycled label.
- When wrapping gifts, use colorful neon prints, old maps, favorite magazine photo's, catalog cut–outs, old calendar prints, or wrap gifts in an old favorite T–shirt or canvas shopping bag. Old scraps of cloth make great bows!
- Give gifts to your favorite non–profits in the name of a friend. Even Fido loves a good humane society!
- Give gift certificates, or create you own coupons – I'll bet a coupon for a truck wash, breakfast in bed, or a day in the mountains would appeal to someone – be creative!

Finally, don't get caught up in the commercialized consumer marketplace. Stay home and be creative – use the "green" side of your brain and remember to always "Practice Random Kindness and Senseless Acts of Beauty.

Have A Happy And Blessed New Year!

Things do not change - we change. Change your thoughts and you can change the world!
- Thoreau



TMI's Programs & Services

Community Living Services:

Offering Independent Living and Supported Living. Support may range from only a few hours per month up to the assistance available through a full time, paid, live-in roommate who has access to back-up relief staff.

Community Employment Services

Comprised of three programs providing opportunities for persons with disabilities to achieve paid employment, as well as increased presence, participation, independence and self-reliance in their neighborhoods and communities.

Family Support Services

Based on a fundamental belief that "all children belong in families." Through a variety of support

Toward Maximum Independence, Inc.

It is the mission of TMI to support the value, right and responsibilities of all people with the support of their advocates to make informed choices regarding how they live, work and express their membership in community. We accomplish this by providing personalized supports to people in their homes, workplaces, schools, families and neighborhoods.

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This newsletter is published quarterly for program participants, family, friends and colleagues of TMI, a non-profit organization.

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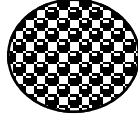
B. Ramsey, C. Saverino, D. Trammell

GIVING THROUGHOUT THE YEAR

Food for Thought: Christmas time brings out the "giving" in all of us, but remember, people who need food, shelter, care and support need these things all year round. Please volunteer at your community churches/missions and give a little each month of the year!

SELF-ADVOCACY/SUPPORT GROUPS

- San Diego – Colinas Park
(Orange Ave, 5300 Block)
Contact Debbie Johnson at 467-0600
- Clairemont/La Jolla:
4425 Bannock Ave.
Clairemont Recreation Center
- South Bay:
275 Woodlawn Ave. #10
Contact Mimi Lala at 425-9505
- East County:
1153 E. Madison Ave, El Cajon
- North County:
Vista: Contact Carl Bickle at 467-0600
Escondido: Contact Nancy Burcin at 467-0600
Rancho B: Contact Linda Thompson at 743-1050
Ramona: Contact Kathy Blanchard at 789-5548



RESOURCES

San Diego is full of great places to go with so much to see! Chilly weather shouldn't deter you – just bundle up, get out there and enjoy!

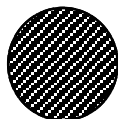
OUT AND ABOUT

- * La Jolla-Scripps Aquarium – Daily from 9-5.
Hands-on tidepools and exhibits.
Call 534-3474 for more information.
- * San Diego Humane Society – Open Daily.
Farm yard fun! Lot's of animals for a close-up view and hands-on fun. Call 299-7012 for information.
- * Chula Vista Nature Center – Tues-Sun, 10-5.
(Shuttles). Call 422-2481 for information.
- * Old Town Historical Park: 237-6770
- * Gas Lamp Quarter: 233-5227
- * Heritage Park: 694-304



YOUR HEALTH

Holistic Massage – A perfect way to treat yourself after the holiday rush. Contact Cathy Cosner at 467-0600, VM #514 for more information. In general, it's a good idea to find a board-certified doctor. Certification boards require doctors to undergo extensive training in their specialties and to pass an examination before they are granted their credential. Use the American Board of Medical Specialties toll-free number to check on the doctor's certification status or to find a certified doctor in your area: Call 1-800-776-CERT Monday through Friday, 9:00 AM –6:00 PM EST.



PEOPLE FIRST

Next meeting is Saturday, January 12, 1995

TMI COUNCIL

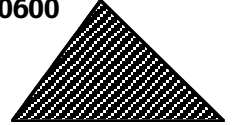
Next meeting is Monday, January 9, 1995

PARENTING CLASS

Contact Rhonda Birich at 467-0600

TMI BOARD OF DIRECTORS

Next meeting is February 2, 1995



FINANCIAL REPORT

TMI
9370 Sky Park Ct. # 250, San Diego, CA 92123
Profit & Loss Statement
July 1993 through June 1994

INCOME	
SDRC	\$2,132,144.96
Grant/ AP	\$64,267.58
Private Pay	\$5,006.85
Imperial Reg. Center	\$39,691.00
Habilitation	\$83,300.99
VR-WAP/DDS	\$128,689.01
DSS	\$218,833.00
Harbor Reg. Center	\$97.90
Miscellaneous	\$5,143.73
COBRA	\$4,856.95
Social Security	\$8,156.00
Presentations	\$232.00
Dinner Auction	\$1,557.29
TOTAL INCOME	<u>\$2,691,977.26</u>
EXPENSES	
Consultant	\$38,627.05
Staff Training	\$6,606.06
Equipment Rental	\$44,676.98
Equipment Purchase	\$2,267.30
Family Support Stipend	\$215,792.05
AP Stipend	\$4,111.20
Accounting	\$7,848.00
Facility Rent	\$79,458.90
APT Rent	\$3,321.00
Phone	\$26,045.99
Utilities	\$6,967.20
Gross Wages	\$1,793,131.96
Benefits/Taxes	\$262,017.61
Bank Charges	\$50.00
Dues/Subscriptions	\$4,002.09
Insurance General	\$4,331.84
Interest	\$8,284.00
Grant FSS	\$78.25
Licenses	\$1,515.00
Office/Program Expenses	\$41,979.30
Maintenance	\$1,900.04
Taxes Bus Property	\$320.22
Travel	\$158,544.22
Miscellaneous	\$7,758.62
TOTAL EXPENSES	<u>\$2,719,634.88</u>
Operating Profit	(\$27,657.62)
Other Expenses	0.00
NET PROFIT/(LOSS)	<u>(\$27,657.62)</u>