

Project Connect, Alcohol and Drug Services for People with Developmental Disabilities

Review of Model Programs

Detailed information (brochures, curricula, clinical descriptions and case studies about each of these programs is available from Project Connect consultant, John de Miranda. It is expected that this inventory of programs will grow as the project evolves.

1. The ARC of Monmouth Falls, Tinton Falls, New Jersey.

Mentioned in the Spring 2006 Issue of *Families* a publication of the New Jersey Council on Developmental Disabilities. No further information is available.

2. Rainbow Adult Living, Portland, Oregon

Adaptive Recovery Services is a division of Rainbow Adult Living Services, a private, nonprofit agency which serves the needs of adults with MRDD and mental health/substance abuse issues. The program is an intensive outpatient program developed by the Annand Counseling Center in partnership with Rainbow Adult Services and is presented in detail in the book *More Than Accommodation: Overcoming Barriers to Effective Treatment of persons with Both Cognitive Disabilities and Chemical Dependency*, by Jerry Annand, M.A. The program includes: recovery mentoring, recovery support groups, written/aural information, advocacy, professional consultation and progress tracking, and alternatives to employment and specialized job placement.

No website is available.

3. Waryas House, Poughkeepsie, New York.

Wayras House is a 13-bed, long term, residential program of Rehab for People with Disabilities, a large, comprehensive nonprofit organization serving all disabilities but with an emphasis on developmental disabilities. WH is licensed jointly by the New York State Office of Alcoholism and Substance Abuse Services and the Office of Mental Retardation and Developmental Disabilities. The program utilizes group therapy and 12 step involvement and lasts two years.

No website is available.

4. Association Helping Retarded Citizens, New York City.

Sobriety Services is perhaps the most comprehensive and sophisticated alcohol and drug service for people with developmental disabilities in the U.S. It started almost 15 years ago and provides day treatment within a large comprehensive multi-service center for people with developmental disabilities. The AHRC SS program is featured in the only video, *No Ordinary Pain*, ever created that deals specifically with alcohol and drug problems among

people with developmental disabilities. The program utilizes individual and group therapy and a guided 12-step approach and provides services to 100 clients at a time.

www.ahrcnyc.org/services/tbi.htm

5. CAM Consumer Advocacy Model, Dayton, Ohio.

CAM is an outpatient alcohol and drug treatment program for people with all disabilities which was developed at Wright State University's Rehabilitation and Research Center on Drugs and Disability. It provides a "team treatment" approach and a wide range of services. It is the clinical component of the Center for Intervention, Treatment and Addictions Research.

www.med.wright.edu/CITAR/SARDI/cam.html

6. Healing Spirit

A project vendorized by the Redwood Coast Regional Center to assist clients of any age who experience alcohol and/or drug problems, or who needs support to maintain sobriety. This is a day treatment/outpatient service that includes people who need not be sober provided they are willing to work towards recovery.

No website is available.